

SOUPS AND SALADS

Split Pea Soup Bowl – \$7
with smoked turkey, and side bread

Cuban Black Bean Soup – \$7

Vegetarian Chili Bowl – \$10.25
with cheddar, corn tortilla strips, and sour cream

House Mixed Greens – \$8.50
mixed greens, cherry tomato, cucumber,
radish, citrus vinaigrette

Sun Dried Cranberry Salad – \$10.25
baby arugula, stilton blue cheese

WINGS

Country Fried Cajun Wings \$8.50

Chili Plum Wings \$8.50

Honey Mustard Glaze \$8.50

Korean Barbeque \$8.50

Jerk Wings \$9.50

BETWEEN BREAD

Sophia – vine ripened tomato, fresh
mozzarella, basil, olive oil, salt and pepper
\$10.25

Bruce – grilled chicken, greens,
tomatoes, chipotle mayo
\$10.25

Crispy Fried Chicken Sandwich
with choice of basil mayo, honey mustard,
or chipotle mayo
\$10.25

Fried Fish Sandwich (Kenny)
tilapia, lettuce, tomato, tartar sauce
\$11.25

BLT (Steve)
bacon, lettuce, tomato, mayo
\$10.25

Grilled Portobello and Mozzarella Burger
sun-dried tomato spread,
served with hand-cut french fries
\$15.00

8oz Grilled Burger
lettuce, tomato, grilled onions,
served with hand-cut french fries
\$16.50
add cheese \$2.00-\$2.50
add bacon \$3

CHERYL'S GLOBAL BOWLS

Grilled Chicken Bowl – \$14
served with rice and beans, and house salsa

Jerk Wings Bowl – \$16
served with rice and beans

Roasted Jerk Pork Bowl – \$16
served with rice and pickled veggies

Tonkatsu Bowl – \$16
panko breaded pork cutlet, sweet and sour sauce,
served with rice, and pickled veggies

Coconut Curry Wings Bowl – \$16
served with jasmine rice

Moroccan Vegetable Tagine
over couscous pilaf
\$19

Sake Glazed Salmon
jasmine rice, sautéed spinach, nori (seaweed)
\$23

Fish + Chips
tilapia, served with hand-cut french fries
\$15

KIDS MENU

INCLUDES JUICE OR MILK
SERVED WITH CHOICE OF FRENCH FRIES OR SALAD

Burger – \$8.50
Cheeseburger – \$9
Chicken Tenders – \$8
Mac and Cheese – \$8
Grilled Cheese – \$7.25
on country white bread

Fish + Chips – \$9
served with hand-cut french fries

SIDES

French Fries \$5
Roasted Potatoes \$5
Jasmine Rice \$5
Macaroni and Cheese \$6
Sautéed Spinach \$6



Cheryl's

Global Soul